

# Bubble Wrap Foot Painting



What You Need: Large Box laid out Flat  
Bubble Wrap  
Tape  
Paint

What to Do:

- Lay Cardboard Box out flat
- Wrap child's feet in bubble wrap and tape on
- Put paint on cardboard box and help child to walk around on box

What I Learn:

- Language Development: Talk about the picture the child is creating and how the bubble wrap feels by itself and with paint on it.
- Creativity: Your child can move their feet anyway they want to make their picture
- Sensory Experience: How does it feel? Are the bubbles popping?