

## Edible Sand



What You Need: Graham Crackers, Oats, Blender or Food Processor

What To Do: Ground up the graham crackers and oats in your blender or food processor and pour into a plastic container. Give to your child to play with. Talk about how it feels. Make sure to mention to older children that this is made out of food and that we do not eat regular sand.

Words to Use:

Grainy      Gritty      Taste      Feel

What I Learn:

- Language Development: Talking about the feeling of the sand.
- Cognitive: Provide different toys or kitchen tools such as a sifter. Ask questions such as what will happen if?