

# Elementary Grab & Go Breakfast Menu

2019-2020

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1 &amp; 3</b>	Mini Pancakes Mandarin Oranges Craisins Milk	Mini Donuts Applesauce Orange Juice Milk	Breakfast Sliders Mixed Fruit Craisins Milk	Super Bun Banana Orange Juice Milk	Chocolate Filled Crescent Roll Apple Craisins Milk
<b>2 &amp; 4</b>	Mini Waffles Mandarin Oranges Craisins Milk	Banana Bread Applesauce Orange Juice Milk	Cocoa Cherry Vertical Bar Mixed Fruit Craisins Milk	Egg & Cheese Sandwich Banana Orange Juice Milk	Frudel Apple Craisins Milk



## KIDS WHO EAT SCHOOL BREAKFAST...

MISS LESS SCHOOL



They attend an average of  
1.5 more days per year

DO BETTER IN MATH



17.5% higher math test scores

MORE ATTENDANCE



HIGHER MATH SCORES =

20% more likely to graduate high school



## AND KIDS WHO EAT BREAKFAST REAP THE BENEFITS AS ADULTS, TOO:



High school graduates on average earn

**\$10,000**  
more annually



Less likely to experience

**HUNGER**  
as adults



Menus are subject to change due to availability.

This institution is an equal opportunity provider.