

Infant and Toddler Activity #4

Edible Paint



What you need:

- Tub of whipped cream (You could also use vanilla pudding or vanilla yogurt)
- Spoons
- Food coloring
- Muffin Tin (Or small bowls)
- Paper or disposable plates to paint on
- Newspaper or wax paper to cover the work area

Let's Make It!!

1. Scoop whipped cream (Or what you're using) into the muffin tin compartments.
2. Add a few drops of food coloring to each compartment. Stir.
3. Paint!!

Please post pictures of your child's masterpieces for us to see.

Words You Can Use: paint, red, blue, yellow, green, mix, wipe, smear,

Skills I am Learning:

- Motor: Fine motor skills with hands
- Cognitive: Naming colors, directions, movements, following directions
- Communication: Conversations about process