

Holmes High School  
SBDM Council Policy

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Wellness Policy

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All students are required to complete a half credit of health and physical education classes prior to graduation or equivalent number of hours of PE through extracurricular activity.

Students (randomly selected) will be assessed quarterly on health and fitness with data analysis by district groups and school health committee.

Healthy choices are encouraged throughout campus--in classrooms, in extracurricular activities, and in cafeteria.

Decisions for more activities will be encouraged and discussed at quarterly health committee meetings and brought to SBDM for final decision on implementation.

DATE OF FIRST READING-7-29-14  
DATE OF SECOND READING- 8-11-14  
Reviewed by SBDM Council on 8-8-16,  
8-14-17